



Immaculate Conception School-Lowell

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A NOTE FROM THE NURSE'S OFFICE

Welcome to school year 2018-2019!! A few important reminders before the start of school:

Physical Exams: Physicals are required yearly. Please check the date of your child's last exam and schedule accordingly. A copy of your child's current physical is needed on file yearly.

Allergies/ Epi- Pens: If your child has an allergy requiring him/her to have an epi-pen at school, please bring in epi pen (labeled) and a doctors order for the 2018/2019 school year. We cannot use last year's doctor's orders. A pharmacy label is not a doctor's order. Doctor's orders can also be faxed over.

Asthma/Inhalers: If your child has asthma, please bring in inhaler and doctors order /asthma plan for 2018/2019 school year. Last year's orders cannot be used.

Vaccination Requirements: If your child is entering **kindergarten** the following vaccinations are required before the start of school: **5 DTAPS, 4 IPV/Polio, MMR, and Varicella**

Before entering **7th grade** (11-12 year old): **TDAP** (Tetanus, diphtheria and pertussis) and **Meningococcal Boosters** are required. Please make sure these have been done before school starts and provide copies of vaccinations along with physicals.

Over the Counter (OTC) and Prescription Medications: Please see the OTC form sent home with each student and fill out accordingly. If your child requires any prescription medications a doctor's order form must be presented to the nurse along with the medication. **A pharmacy label is not an order.**

Illness: If your child has a **fever** of 100.0 or greater they must stay home for 24 hours or until they are fever free for 24 hours without the assistance of medication (ex. Tylenol or Motrin). **Vomiting or Diarrhea:** Children must not attend until they are free from vomiting or diarrhea for 24 hours, despite how they feel. If your child is diagnosed with an illness which is contagious such as strep or pink eye, they must stay home until they are on antibiotics for 24 hours and feeling better. Please notify the school nurse for any contagious illness your child may have *including* viral illnesses like hand foot and mouth, 5ths disease and so on. **Head Lice** -We have a no nit policy at ICS for head lice. If your child has lice they may not return to school until they are nit- free (no eggs).

Food Allergies: Food allergies are becoming more and more common. Your teacher should alert you if there is a food allergy in your child's class. However, to be on the safe side, please double check what food allergies may be present in your child's class before sending in treats for holiday or birthday parties. If store bought, please check labels.

Clothing: Please label clothing, jackets, hats, mittens, etc. Also children in grades pre-k and kindergarten should always have a change of clothes/underwear/socks in their back pack as they are more likely to have accidents. This will also save you a trip to the school!

Looking forward to a happy and healthy school year!

April Westhaver, RN

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ICS School Nurse

(If you have any questions please do not hesitate to call/email)